

Contents

Preface	ix
Acknowledgments	xi
Contributors	xiii
Introduction	1
<i>Anthony M. Grant and Dianne R. Stober</i>	

Part I Single-Theory Perspectives

Chapter 1	Coaching from the Humanistic Perspective	17
<i>Dianne R. Stober</i>		
Chapter 2	People Are Complex and the World Is Messy: A Behavior-Based Approach to Executive Coaching	51
<i>David B. Peterson</i>		
Chapter 3	Adult Development Theory and Executive Coaching Practice	77
<i>Jennifer Garvey Berger</i>		
Chapter 4	Cognitive Coaching	103
<i>Jeffrey E. Auerbach</i>		
Chapter 5	Psychoanalytically Informed Executive Coaching	129
<i>Seth Allcorn</i>		

Part II Integrative and Cross-Theory Approaches

Chapter 6	An Integrative Goal-Focused Approach to Executive Coaching	153
<i>Anthony M. Grant</i>		

viii CONTENTS

Chapter 7	An Adult Learning Approach to Coaching <i>Elaine Cox</i>	193
Chapter 8	Positive Psychology: The Science at the Heart of Coaching <i>Carol Kauffman</i>	219
Chapter 9	Coaching from a Cultural Perspective <i>Philippe Rosinski and Geoffrey N. Abbott</i>	255
Chapter 10	An Adventure-Based Framework for Coaching <i>Travis Kemp</i>	277
Chapter 11	Coaching from a Systemic Perspective: A Complex Adaptive Conversation <i>Michael Cavanagh</i>	313
Chapter 12	Toward a Contextual Approach to Coaching Models <i>Dianne R. Stober and Anthony M. Grant</i>	355
Appendix	Workplace and Executive Coaching: A Bibliography from the Scholarly Business Literature <i>Anthony M. Grant</i>	367
Author Index		389
Subject Index		395