CONTENTS

Preface: From Theory to Practice	xi
Leni Wildflower and Diane Brennan	
Acknowledgments	xiii
PART ONE Human Behavior and Coaching	1
ONE Humanistic and Transpersonal Psychology Alison Whybrow and Leni Wildflower	3
TWO Cognitive Behavioral Therapy and Related Theories Leni Wildflower	11
THREE Positive Psychology	21
Kate Hefferon	21
FOUR Transactional Analysis	29
Jenny Rogers	
FIVE Adult Development	39
Leni Wildflower	
SIX Theories of Intelligence	51
Jonathan Passmore, Chloé Tong, and Leni Wildflower	
SEVEN Neuroscience	61
Linda J. Page	

PART TWO Human Interaction and Coaching	71
EIGHT Theories of Adult Learning John Leary-Joyce and Leni Wildflower	73
NINE Social Constructionism Sherry Harsch-Porter	81
TEN Theories of Change Leni Wildflower and Diane Brennan	89
ELEVEN Communication Theory Irene F. Stein and Reinhard Stelter	99
TWELVE Conflict Management Cinnie Noble, Edward G. Modell, and Diane Brennan	109
THIRTEEN Systems Theory and Family Systems Therapy Leni Wildflower and Diane Brennan	119
FOURTEEN Transition and Career Management Jenny Rogers	129
PART THREE Organizations, Leadership,	4.44
and Coaching	141
FIFTEEN Leadership Diane Brennan	143
SIXTEEN Organizations and Organizational Culture Mary Wayne Bush, Tony Latimer, and Leni Wildflower	153
SEVENTEEN Team and Group Behavior Laura Hauser	163
EIGHTEEN Situational and Contextual Issues in the Workplace Mary Wayne Bush	175

<u>PART FOUR</u> Traditions from Self-Help, Personal Growth, and Spirituality	185
NINETEEN Spiritual and Religious Traditions Jennifer Sellers	187
TWENTY The Self-Help and Human Potential Movements Leni Wildflower	195
TWENTY-ONE Mindfulness Janet Baldwin Anderson, Francine Campone, and Jennifer Sellers	203
PART FIVE Coaching Specific Populations TWENTY-TWO Education Kathy Norwood and Mary Ann Burke TWENTY-THREE Issues of Aging	209
TWENTY-TWO Education Kathy Norwood and Mary Ann Burke	211
TWENTY-THREE Issues of Aging Connie S. Corley	221
TWENTY-FOUR Culture and Cultural Intelligence Katrina Burrus	231
TWENTY-FIVE Issues of Gender Karen Tweedie and Leni Wildflower	241
TWENTY-SIX Environmental Sustainability Katrina S. Rogers	251
PART SIX Creative Applications	261
TWENTY-SEVEN Coaching and the Body Terrie Lupberger	263
TWENTY-EIGHT A Narrative Approach to Coaching	271

TWENTY-NINE Solution-Focused Coaching and the GROW Model Carol Wilson	279
THIRTY Appreciative Inquiry Jacqueline Binkert and Ann L. Clancy	287
PART SEVEN Components of Effective Coaching	297
THIRTY-ONE Coach Maturity: An Emerging Concept David Clutterbuck and David Megginson	299
THIRTY-TWO Use of Assessments in Coaching Mary M. Nash, Dian Christian, and Janet Baldwin Anderson	315
THIRTY-THREE Current Research on Coaching	329
THIRTY-THREE Current Research on Coaching Francine Campone Afterword: Challenges Ahead Jenny Rogers References The Editors The Contributors Name Index Subject Index	
Afterword: Challenges Ahead Jenny Rogers	341
References	345
The Editors	379
The Contributors	381
Name Index	387
Subject Index	395