

CONTENTS

<i>Foreword</i>	ix
<i>Introduction</i>	xiii
PART ONE: DOLLARS AND SENSE	1
Are the Rich Smarter than You?	5
Are You Losing Your Soul?	10
Impatient Optimism . . . and Radical Generosity	14
You Can't Google This	18
The Only Thing that Really Matters	22
The Principle Thing	25
The One Thing that Changes Everything	28
The Trouble with Happiness	31
The Key to Personal Freedom	35
Change Your Perspective, Change Your Life	38
How Your World Will At Last Be Built	42
The Most Important Job on Earth	46
One of Life's Great Miracles	51
The Power of Negative Visualization	55
How to Reclaim Your Life	58

vi CONTENTS

Why It's One of the Seven Deadly Sins	62
The Ruling Passion of the Noblest Minds	65
PART TWO: WEALTH BEYOND MEASURE	69
Are You Uncurious?	71
The Road Not Taken	74
They Make Us All Richer	77
Are You Ready for the Grand Tour?	81
The Quintessence of Life	85
What Women Really Want	89
An Incandescent Drop of American Fire	92
The Most Civilized Thing in the World	95
How to Eat Like a Zen Master	99
The Sublimest Activity of the Human Mind	103
Drunken Monkey Ice Cream . . . and the Wisdom of Thornton Wilder	107
The Lost Art of Conversation	110
What Success Really Means	113
What Are Your Sins of Omission?	116
The Beauty of Slowing Down	120
When Entertainment Becomes Art	123
Do You Have a Secret?	128
Are You Amusing Yourself to Death?	133
In Praise of Idleness	137
The Tyranny of the New	140

Why You Should Know “The Indispensable Man”	143
A Revelation at 4,500 Feet	146
PART THREE: KNOWING AND BELIEVING	149
Tolstoy’s Forbidden Book	151
A Shameless Veneration of Heroes	154
A Path to Personal Freedom	158
Your Greatest Risk	162
Are You Part of “The Great Conversation”?	166
A 2,600-Year-Old Manual for Living	170
If You Knew What Jim Brown Knows	176
The Noblest Expression of the Human Spirit	179
The Art of Living Consciously	183
How to Let Your Life Speak	188
A Legacy of Inspiration	192
The Only Thing New in the World	195
The University on Your Shelf	198
We Are All Greeks Now	202
The Wisdom of Hillel	205
Meditations of the Philosopher-King	208
PART FOUR: MATTERS OF LIFE AND DEATH	211
Discovering a New Sense of the Sacred	214
The Highest of Arts	218
Emerson: The Quintessential American	221

viii CONTENTS

The Life You Can Save	224
Coming of Age in the Milky Way	229
The Literature of Truth	234
Your Connection to Everything	238
The Difference between Knowing and Believing	241
The Lessons of Haiti	244
Your Trip to “The Undiscovered Country”	247
The Beginning of Wisdom	252
Of Lost Souls and Lucky Stiffs	255
How to Pull the Universe Out of a Hat	258
It Makes Everything Meaningful	262
The Truth about Myths	265
Your Place In “The Great Story”	269
Seven Principles of Spirituality	277
<i>Afterword</i>	285
<i>Appendix</i>	287
<i>Further Reading</i>	289
<i>Acknowledgments</i>	295
<i>About the Author</i>	297
<i>Index</i>	299