## Table of Contents

	CP1P	
List of Con	tributors	xi
Foreword Stephen Palmer		xvii
Introduction Diane Bren	n nan, Kim Gørtz and David 5. Drake	xix
PART I	FOUNDATIONS FOR COACHING	1
Chapter 1	The Life Coach Operating System: Its Foundations in Psychology <i>Patrick Williams</i>	3
Chapter 2	Coach Celf-Management: The Foundation of Coaching Effectiveness <i>Travis Kemp</i>	27
Chapter 3	Thrice Upon a Time: Narrative Structure and Psychology as a Platform for Coaching <i>David B. Drake</i>	51
Chapter 4	Does it Matter What the Coach Thinks? – A New Foundation for Professional Development <i>Peter Jackson</i>	73
Chapter 5	Connecting the Dots: Coaching Research – Past, Present and Future <i>Francine Campone</i>	91
	Reflections on Foundations for Coaching <i>David B. Drake</i>	107

PART II	APPLICATIONS OF COACHING	111
Chapter 6	An Appreciative Inquiry Coaching Approach to Developing Mental Toughness Sandy Gordon	113
Chapter 7	Focus on Cultural Elements in Coaching: Experiences from China and Other Countries <i>Charles Hamrick</i>	137
Chapter 8	Coaching and Workplace Stress <i>Kristina Gyllensten</i>	149
Chapter 9	Coaching for Wisdom: Enabling Wise Decisions <i>Peter Webb</i>	161
Chapter 10	Coaching the Human Spirit Peter J. Reding and Marcia Collins	177
Chapter 11	Achieving Tangible Results: The Development of a Coaching Model Sabine Dembkowski and Fione Eldridge	195
	Reflections on Applications of Coaching David B. Drake	213
PART III	ORGANIZATIONS AND COACHING	217
Chapter 12	Coaching the Team David Clutterbuck	219
Chapter 13	Leadership Coaching: The Impact on the Organization <i>Diane Brennan</i>	239
Chapter 14	Creating Corporate Coaching Cultures for Resiliency and Performance <i>Vicki Escudé</i>	261
Chapter 15	Coaching and Leadership in the Six Cultures of Contemporary Organizations <i>William Bergquist and Vikki G. Brock</i>	277
Chapter 16	Coaching, Lean Processes, and the Concept of Flow <i>Kim Gørtz</i>	299

## Table of Contents

Chapter 17	Taking Coaching to the Next Level: Critical Insights from ROI Evaluations <i>Merrill C. Anderson</i>	317
	Reflections on Organizations and Coaching <i>David B. Drake</i>	333
	Conclusion David B. Drake	337

Index

http://www.pbookshop.com

ix

341

http://www.bookshop.com