CONTENTS

Introduction	PAGE 1
Leadership Development Is Self-Development	PAGE 1
First, Lead Yourself	PAGE 2
The Best Leaders Are the Best Learners	PAGE 2
About This Planner	PAGE 4
The Five Practices of Exemplary Leadership	PAGE 7
Continuing Your Leadership	
Development Journey	PAGE 9
Overview of the Leadership Development Process	PAGE 9
Review Your Progress	PAGE 11
Refocus Your Developmental Efforts	PAGE 13
Leadership Behaviors Organized by Practice	. PAGE 14
Make a New Plan	PAGE 17
Leadership Development Activities	PAGE 19

Sample Leadership Development Worksheet	
Leadership Development Worksheet	PAGE 52
Go Public with Your Plan	PAGE 55
Continue Your Development	PAGE 57
Ten Tips for Becoming a Better Leader	PAGE 59
Resources	PAGE 67
Further Reading	PAGE 69
Further Reading.	PAGE 77
All a start and a start	